



SAINT JOHN the EVANGELIST CATHOLIC SCHOOL

111 JOHN E. MANN STREET, WARRENTON, VA 20186

Health Plan Overview 2021-2022

(revised 01/24/22)

Mission Statement

Saint John the Evangelist Catholic School provides a Christ-centered atmosphere that recognizes the God-given gifts inherent within each child on the journey toward spiritual and academic excellence.

Philosophy of Learning

Saint John the Evangelist School integrates Catholic teachings and virtues throughout our school culture. We foster a challenging and inclusive academic program addressing the diverse needs of students. In partnership with families and the parish community, we encourage students to serve others while growing in the image of Christ.

Introduction

At this time Saint John the Evangelist School (SJES) and Saint John the Evangelist Preschool (SJPS) are amending our Health Plan Overview to continue following local public health guidance, without however, violating the rights of parents as described in Executive Order 2 found below:

Our new governor's [Executive Order Number Two and Order of Public Health Emergency One](#) which goes into effect January 24, 2022. The order allows parents to decide whether their child wears a mask in schools or in early childcare programs. This order terminates Order of Public Health Emergency Order Ten (2021) and rescinds [Interim Guidance for COVID-19 Prevention in Virginia PreK-12 Schools](#) (updated October 14, 2021), requiring new guidance consistent with our new Governor's Executive Order.

From the direction of Arlington Diocese to uphold Executive Order 2 the following plan has been formed in consideration of the recommendations of the CDC, the Virginia Department of Health (VDH) and the Virginia Department of Education (VDOE). Below information provides further details on the policies and procedures Saint John will implement as of January 24, 2022.

- **School Drop-Off/Pick-Up Procedure**

Regular morning drop-off will be held from 7:35 a.m. to 8:00a.m. Classrooms will open at 7:42 a.m. Carpool for dismissal will begin at 3:00 p.m. Days when there is an Early Dismissal carpool will begin at 11:30 a.m.

- **Health and Safety**

- SJES/SJPS remain fully committed to partnering with our parents to ensure your children receive a well-rounded Catholic education, that fosters spiritual, intellectual, and social growth, in a safe environment. At this time, this includes continuing to use a range of mitigation strategies, including CDC recommendations, without however, violating the rights of parents as described in Executive Order 2.



SAINT JOHN the EVANGELIST CATHOLIC SCHOOL

111 JOHN E. MANN STREET, WARRENTON, VA 20186

- Per direction from Arlington Diocese, at this time, SJES/SJPS continue to elect to follow CDC guidelines for isolation of those who contract COVID-19 and quarantining for those who come into close contact with a confirmed case of COVID-19. To see the most current VDH recommendations based on CDC guidelines please reference [Interim Guidance for COVID-19 Prevention in Virginia PreK-12 Schools](#) (updated January 21, 2022).
- **Masking**
 - As of Monday, January 24, 2022 SJES/SJPS will uphold Executive Order 2 that states, “The parents of any child enrolled in an elementary or secondary school or a school based early childcare and educational program may elect for their children not to be subject to any mask mandate in effect at the child’s school or educational program.”
 - SJES/SJPS parents can choose to have their children not wear a mask in school.
 - Staff members will be able to wear masks, but masks will not be required.
 - **Note:** The above does not apply to those returning after Day 5 from testing positive for COVID-19 or returning from being a “close contact” with someone who tested positive. **At this time, it is required for these individuals to mask day 6-10 if they opt to return after Day 5.**
- **Mask election form**
 - On Friday, January 21, 2022 Saint John parents received hard copies and electronic copies of the Saint John the Evangelist School Optional Mask Election Form [Mask Election Form](#). Every family is required to submit a completed copy of this form and uphold the parent agreement included on the form.
 - As stated on the form, parents mask elections for their children on this form will be used for contact-tracing purposes. The school does not accept responsibility for enforcement if your child does not comply with your election as indicated on the form.
- **Staying home when sick**

Our schools current School Wide Sick Day Guidelines states the following:

 - The most important way to help stop the spread of infectious illness is to stay home when sick.

According to school policy, a person should stay home when:

- A temperature of 100.4 or higher is present
- Vomiting and/or diarrhea has occurred at least 3 times in a 24-hour period



SAINT JOHN the EVANGELIST CATHOLIC SCHOOL

111 JOHN E. MANN STREET, WARRENTON, VA 20186

- The occurrence of excessive and constant coughing or sneezing and/or nasal congestion as often this spreads sickness to others.
- A child has symptoms that will keep them from participating in learning, such as:
 - Very tired
 - Lack of appetite
 - Uncontrollable cough
 - Frequent Sneezing
 - Headaches
 - Body aches
 - Earaches
 - Sore throat - minor sore is OK for school if no other symptoms mentioned above are present
 - Severe/Bad sore throat - should be assessed for strep throat

24 Hour Rule

- Fever - attendance at school is not permitted until a symptomatic person has been without fever for 24 hours without medications to lower fever, such as ibuprofen or acetaminophen.
- Vomiting/Diarrhea – attendance at school is not permitted until a person has been without vomiting (at least 3 times in 24 hour periods defines vomiting) or diarrhea for 24 hours without medications such as Imodium
- Antibiotics – attendance at school is not permitted when being treated with an antibiotic until at least 24 hours of the medication has been received.

Influenza

Individuals with suspected or confirmed flu, including those who do not have a fever, should stay home at least 4-5 days after the onset of symptoms. Persons with the flu are most contagious during the first three days of illness. (CDC Influenza guidelines, 8/2020).

PLEASE NOTE: NO MATTER THE SEVERITY OF SYMPTOMS, IT IS AT THE DISCRETION OF THE SCHOOL HEALTH & WELLNESS COORDINATOR AND/OR ADMINISTRATION IF A STUDENT WILL NEED TO BE SENT HOME OR EXCLUDED FROM THE SCHOOL ENVIRONMENT DUE TO ILLNESS.

School Wide COVID-19 Sick Guidelines:

- At this time, the following COVID-19 Sick Guidelines apply in addition to our School Wide Sick Day Guidelines Policy for minimizing the potential spread of COVID-19 within our school community.
 - Students, faculty and staff who become ill while at school will be isolated to the Airborne Illness Isolation Room (AIIR) in the school office until they are able to leave the school. This will also occur if notification of a positive family member is received while an individual is at the school.



SAINT JOHN the EVANGELIST CATHOLIC SCHOOL

111 JOHN E. MANN STREET, WARRENTON, VA 20186

- Any individual with 2 or more possible COVID-19 symptoms (please see list below) should remain home or may be requested to return home by the Health & Wellness Coordinator and/or School Administration to monitor symptoms.
- If symptoms resolve within 48 hours the individual is cleared to return to school.
- Notification needs to be provided to the school Health & Wellness Coordinator, Shannon Lomax slomax@sjesva.org, the morning of return confirming that symptoms have resolved and that individual has been fever free at least 24 hours prior to return.
- If symptoms have not resolved within 48 hours, individuals are to remain home for a minimum of 5 days (and a visit to your Health Care Provider and COVID-19 testing is recommended).

Symptoms of COVID-19:

- Fever ($\geq 100.4^{\circ}\text{F}$) or chills
 - Fatigue (more tired than usual)
 - Headache
 - Muscle aches
 - Cough
 - Nasal congestion or runny nose
 - New loss of taste or smell
 - Sore throat
 - Shortness of breath or difficulty breathing
 - Abdominal pain
 - Diarrhea
 - Nausea or vomiting
 - New onset of poor appetite
(vdh.virginia.gov 09/14/2021)
- **Positive COVID-19 cases and isolation**
If you have a positive COVID-19 test, the isolation time has been shortened from the prior 10 days to 5 days, as long as:

***Note: SJES is requiring a positive COVID test result be reported to school within 24 hours of receiving the results.**

- You have no symptoms, or your symptoms are getting better.
- You wear a well-fitting mask when you are around others for an additional 5 days after your isolation period ends.



SAINT JOHN the EVANGELIST CATHOLIC SCHOOL

111 JOHN E. MANN STREET, WARRENTON, VA 20186

- **Note:** If you have a fever, continue to stay home until your fever is gone for 24 hours without the use of fever reducing medications.
- Positive COVID-19 cases will continue to be reported to the local health department and Arlington Diocese.
- **Contact tracing/Quarantining**
 - **Note: At this time contact tracing and quarantining will continue**
 - **Close Contact Definitions**
 - **Standard definition of “close contact”:** “Being within 6 feet of a person who has COVID-19 for a total of 15 minutes or more over a 24-hour period, or having direct exposure to respiratory secretions (e.g., being coughed or sneezed on, sharing a drinking glass or utensils, kissing), or caring for a person who has COVID-19 or, living with a person who has COVID-19.” (VDH 01/14/2022)
 - **K-12 exception for “close contact”:** “In indoor and outdoor K-12 settings, a student who was within 3 to 6 feet of an infected student is not considered a close contact as long as both students wore well-fitting masks the entire time. The K-12 exception does not apply to teachers, staff, or other adults. This means that the standard close contact definition is applied when assessing exposure in a K-12 setting that involves a student with an infected adult or an exposed adult.” (VDH 01/14/2022)
 - **Quarantine Requirements for those found to be a “close contact”**

If you have been exposed to someone with COVID-19 and determined a “close contact”, the updated requirements for your quarantine period include:

 - ***Note: SJES is requiring those that are determined a “close contact” or have a family member within the same household test positive report this information to the school within 24 hours of receiving this information.**
 - If you are unvaccinated or have not yet gotten your recommended booster dose (more than 5 months since your second mRNA dose or more than 2 months after the J&J vaccine), you should (1) quarantine for 5 days as long as you do not develop symptoms within that time and (2) wear a well-fitting mask for an additional 5 days when you are around others.
 - If you have received your booster shot or received your second mRNA dose within the last 5 months (or received a single J&J dose within the last 2 months), you do not need to quarantine following an exposure, but



SAINT JOHN the EVANGELIST CATHOLIC SCHOOL

111 JOHN E. MANN STREET, WARRENTON, VA 20186

should wear a well-fitting mask for 10 days after the exposure when you are around others.

- If you have had confirmed COVID-19 within the last 90 days (meaning you tested positive for COVID-19 (using a viral test) AND you are recovered and without new symptoms, you do not need to quarantine following an exposure, but should wear a well-fitting mask for 10 days after the exposure when you are around others.
- For “close contacts” that reside with an individual that tested positive The Health & Wellness Coordinator will assess and evaluate each situation on a case by case basis for “close contacts” that reside in the same home as an individual that tested positive.
- If you have been exposed, VDH recommends taking a COVID-19 test 5 days after exposure. (Due to testing limitations, a test within 3-5 days after an exposure is acceptable). If you do develop symptoms, you should immediately quarantine until a negative test confirms symptoms are not from COVID-19.
- At this time, **students** that have received their primary vaccine series (with the 2nd dose being more than 2 weeks prior), but have not yet received all eligible boosters are not required to quarantine if determined a “close contact” as long as they are not experiencing any symptoms.

*Note that the first day of symptoms will count as day 0 (when no symptoms are present the individuals positive test date will become their day 0) for determining return dates and individuals are expected to fully complete their day 5 or day 10 before returning the following day.

- **Returning after Day-5** that have contracted COVID-19, or have been determined a “close contact”
 - Those that opt to return to school after their day 5 will be required to be fully masked day 6-10 at Saint John. If you prefer your children do not mask they will need to finish their 10-day quarantine at home.
 - It should be noted that fully masked requires masking during PE and recess from day 6 through day 10. During these days, students will need to eat their scheduled snacks in the school office (or other appropriate supervised school location) that allows for 6 feet distancing while eating (as our classrooms desks are spaced at 3 feet). There will be a table available in the school cafeteria that allows for 6 feet distancing where students will eat their lunch. These students will not eat at this table



SAINT JOHN the EVANGELIST CATHOLIC SCHOOL

111 JOHN E. MANN STREET, WARRENTON, VA 20186

alone, but they will not be seated at their regular lunch table with their classmates.

- Notification needs to be provided to the school Health & Wellness Coordinator, Shannon Lomax slomax@sjesva.org, the morning of return confirming that the individual remains symptom-free or symptoms are resolving and that individual has been fever free at least 24 hours prior to return.

- **Cleaning and maintaining healthy environments**

- SJES & SJPS will continue to implement strategies for maintaining a healthy environment that reduces the spread of COVID-19, maintaining healthy operations, and effectively responding when someone becomes ill.
- The school personnel will continue to use effective cleaning and hygiene practices. These measures include the spraying of classrooms and highly congested areas with a hygienica disinfecting machine throughout the school regularly. We will manage suspected, presumptive or confirmed positive cases of COVID-19 as needed.
- Staff members and school families should continue with health screenings before coming to school daily.
- All students and staff are encouraged to wash their hands with soap or hand sanitizer before and after eating lunch. Staff will continue to provide opportunities for students to wash their hands throughout the day. The Health and Wellness Coordinator will reinforce best health and hygiene practices with the students. Hand sanitizer dispensers and sinks are available in all classrooms and in various locations throughout the building.
- SJES/SJPS will be further investigating ventilation and additional means for improving air quality.

- **Summarized Planning**

- **General Training and Communication:** The revisions of the Health Plan Overview will be shared with faculty, staff and our school community. The school Principal and Health & Wellness Coordinator will continue to communicate regularly with our school community. Information will be communicated through email and/or School Messenger.
- **Food Service/Handling:** Students will eat lunch in Trinity Hall where 3ft spacing has been marked for seating arrangements. Recess will be held outside weather permitting. We will continue to offer bought lunches through Campus Cuisine and offer milk service. Extended Day will provide an afternoon snack and drink to students in



SAINT JOHN the EVANGELIST CATHOLIC SCHOOL

111 JOHN E. MANN STREET, WARRENTON, VA 20186

attendance. **Preschool does not participate in Campus Cuisine or milk service. Currently, Preschool parents are to provide a nutritious pre-packed snack and drink from home. Those staying for Extended Day will bring a packed lunch from home.**

- **Gatherings and Mass:** We will continue our attendance of our school-wide mass on Fridays at 8:30 a.m.
- **Classrooms:** SJES classrooms continue to maintain spacing of 3 feet between students in all classroom locations where possible. Preschool continues to have their preschool classes capped at 12 students per class and their pre-K students at 14 students per class, due to the current Department of Social Services (DSS) guidelines. All preschool classes continue to maintain at least 3 feet of distance between students.
- **Daily Start and Finish Times, and Daily Schedules:** Regular morning drop off begins at 7:35 a.m. Student arrivals after 7:42 a.m. report directly to their homerooms. SJES dismissal begins at 3:00 p.m. and ends approximately between 3:20-3:25 p.m. Designated faculty will monitor the hallway and parking lot during the time of dismissal. Our placard system remains in place. Refer to carpool procedures in the handbook and distributed via email from the school office for further information.

SJPS dismissal will start at 11:30 a.m. on a regular day and at 11:50 a.m. on days when SJES has an 11:30 a.m. dismissal. SJPS will inform families when there is to be an 11:50 a.m. dismissal. The Preschool placard system also remains in place and staff will escort students to their vehicles.

- **Social and Emotional Learning (SEL):** SJES/SJPS will attend first and foremost to the social/emotional needs of students. Administration, front office staff, and our school Health & Wellness Coordinator will be available to meet individual needs that arise.
- **Teaching and Learning:** Teachers will review data collaboratively for student progress and use this information to plan for instruction. Teachers will refer to diocesan curriculum monitoring sheets and use assessments to guide instruction to master objectives.
- **Traditional Face to Face Instruction:** SJES/SJPS will remain current on the latest guidelines and continue to seek advice/guidance from the Catholic Diocese of Arlington, local health department, Virginia Department of Education, and the CDC to ensure the most recent recommendations are being reviewed and assessed for potential application within our school environment to continue ensuring our students safety while we continue in-person learning.
- **Distance Learning (if necessary)-** Distance learning is no longer an option for our school families. Should a student(s) need to isolate/quarantine, they will complete assignments



SAINT JOHN the EVANGELIST CATHOLIC SCHOOL

111 JOHN E. MANN STREET, WARRENTON, VA 20186

independently from home after contacting the student(s) teachers for details of work to be completed.

- **Grading and Assessment:** SJES will continue to implement the following school and Diocesan assessments. SJES and SJPS will utilize the standardized assessments as directed by the Office of Catholic Schools. Ongoing formative and summative assessments will continue to be provided to students on-site. As evidenced throughout the shutdown, our faculty and staff will continue to be flexible and reasonable should e-learning become necessary. In all scenarios, teachers will be evaluating the students in all subjects and standards. Please note that Diocesan deadlines will need to be honored.
- **Extended Day:** Extended day will follow the Childcare/Preschool guidelines issued by the Virginia Department of Education (VDOE) found here: <https://www.dss.virginia.gov/cc/covid-19.html>. Further information regarding Extended Day Programs will be communicated by our Preschool and Extended Day Directors.
- **Preschool Morning Care** will be offered Monday through Friday and will start at 7:00 a.m. and go until 7:45 a.m.
- **Preschool Extended Day** will be offered Monday through Friday from 11:30 a.m. until 6:00 p.m.
- **Elementary Extended Day** will be offered Monday through Friday from 3:20 p.m. and go until 6:00 p.m.

Please Note: School health policies and procedures may continue to change throughout the school year based on guidelines provided to our school by the Catholic Diocese of Arlington, Local Health Department, the Virginia Department of Health, and the CDC. SJES/SJPS will comply with directives from the Office of Catholic Schools. The school will communicate these changes to our families in a timely manner. We remain grateful for your patience, cooperation, and understanding.

Sincerely,

SJES School Administration

Saint John the Evangelist Catholic School provides a Christ-centered atmosphere that recognizes the God-given gifts inherent within each child on the journey toward spiritual and academic excellence.