**St. John the Evangelist School**

**Sick Day Guidelines**

The most important way to help stop the spread of infectious illness is to keep your child home when they are sick.

According to school policy your child should be kept at home when:

* He or she has a temperature of 100.5 or higher
* Has vomited and/or had diarrhea at least 3 times in a 24 hour period
* Has symptoms that will keep your child from participating in learning, such as
	+ Very tired
	+ Lack of appetite
	+ Uncontrollable cough
	+ Sneezing often
	+ Headache
	+ Body aches
	+ Earaches
	+ Sore throat – minor sore throat is OK for school if no other symptoms mentioned above are present
	+ Severe/Bad sore throat – should be assessed for strep throat
* Has excessive and constant coughing or sneezing and/or nasal congestion as often this spreads sickness to others.

24 Hour Rule

* Fever – your child may not attend school until he/she has been without fever for 24 hours without medications to lower fever such as ibuprofen or acetaminophen.
* Vomiting/Diarrhea – your child may not attend school until he/she has been without vomiting (at least 3 times in 24 hour period defines vomiting) or diarrhea for 24 hours without medications such Imodium.
* Antibiotics – your child may not attend school if he/she is being treated with an antibiotic until they have received at least 24 hours of the medication.

PLEASE NOTE: NO MATTER THE SEVERITY OF SYMPTOMS, IT IS AT THE DISCRETION OF THE SCHOOL NURSE AND/OR ADMINISTRATION IF A STUDENT WILL BE SENT HOME OR EXCLUDED FROM SCHOOL ENVIRONMENT DUE TO ILLNESS.