

August 6, 2020

Dear St. John Families,

I am so excited to kick off the new school year and looking forward to seeing you all again in the next few weeks! The staff has been working all summer long following CDC/ VHD guidance and working closely with dioceses health coordinator to make sure we are providing the safest learning environment for our students. That said you as the parent are pivotal in our success.

Please be sure you are self-screening every morning before school.

- Check in with your child each morning for signs of illness. If your child has a temperature at or above 100.4 degrees or displays other signs of illness, like sore throat, cough, diarrhea, severe headache, vomiting, or body aches.
- Also if your child has had close contact to a known or suspected COVID-19 case, they should not go to school. Follow guidance on what to do when someone has known exposure. <https://www.cdc.gov/coronavirus/2019-ncov/php/public-health-recommendations.html>

Do NOT come to school if you answer yes to any of the above symptoms or exposure.

- Your school point person to contact if your child gets sick is
Andrea Konsin, RN
540- 347-2458

Other considerations

- Be familiar with local COVID-19 testing sites in the event you or your child develops symptoms. These may include sites with free testing available. <https://www.hhs.gov/coronavirus/community-based-testing-sites/index.html> or have a physician you know can test.
- Make sure your child is up to date with all recommended vaccines.
- The schools water fountains will be closed but we will provide a sanitary water refill station, so please remember to pack a water bottle daily

•Talk with your child about how school will look different (e.g., desks far apart from each other, teachers maintaining physical distance, staying in the classroom for lunch). Also talk about precautions to take at school. Children will be advised to:

- Wash and sanitize their hands more often.
- Keep physical distance from other students.
- Wear a cloth face covering.
- Avoid sharing objects with other students, including water bottles, devices, writing instruments, and books.
- Use hand sanitizer
- Monitor how they feel and tell an adult if they are not feeling well.

•Make sure your information is current at school, including emergency contacts and individuals authorized to pick up your child(ren) from school. If that list includes anyone who is at increased risk for severe illness from COVID-19, consider identifying an alternate person.

Together I anticipate we can make this transition back to school smooth and safe.

Many blessings,

Andrea Konsin, RN

Reference:

Checklist: Planning for In-Person Classes

CS 318258-E 07/24/2020

cdc.gov/coronavirus